

# Safe Patient Handling and Mobility (SPHM) Summit of the Carolinas



## DATE + TIME

Wednesday, January 17, 2024  
8:00 am – 4:30 pm



## LOCATION

Prisma Health Baptist - Ground Floor Auditorium  
1501 Sumter Street, Columbia, SC, 29201



## TARGET AUDIENCE

Physical Therapy, Occupational Therapy, Nursing,  
Other Interested Healthcare Professionals  
**Instructional Method:** Live-Lecture  
**Level of Course:** Beginner/Intermediate



## COURSE SUMMARY

The Safe Patient Handling and Mobility (SPHM) Summit of the Carolinas covers a spectrum of crucial topics in healthcare. Speakers will highlight innovative technologies, evidence-based practices, and collaborative approaches to enhance safety. We will emphasize a multidisciplinary approach to patient care, integrating mobility, risk management, and ergonomic considerations for the well-being of both patients and healthcare providers.



## CONFERENCE AGENDA

8:00-8:45 am	Registration   Visit Vendors   Continental Breakfast
8:45-8:50 am	<b>Welcome</b>
8:50-9:50 am	<b>Early Mobility: It's a win-win - the big and small of it!</b> <i>Speaker: Susan Gallagher, PhD, MA, MSN, RN, CBN, CSPHP</i>
9:50-10:50 am	<b>Safe Patient Handling Strategies for the Patient of Size</b> <i>Speaker: Emily Gibbs, PT, CEAS I, CSPHP</i>
10:50-11:15 am	<b>Break   Visit Vendors</b>
11:15-12:15 pm	<b>Your SPHM Program's Impact on Employee Safety</b> <i>Speaker: Sarah Stocker BSN, RN, CPHRM</i>
12:15-1:00 pm	Lunch (Provided)
1:00-2:00 pm	<b>Car Extractions: Safety in the Emergency Department</b> <i>Speakers: Jean Flohr, LPTA and Jennifer Dewyea, PT</i>
2:00-3:00 pm	<b>Ergonomic Guidelines for Patient Handling and Evidence for SPHM Programs</b> <i>Speaker: Neal Wiggermann, PhD</i>
3:00-3:20 pm	<b>Break   Visit Vendors</b>
3:20-4:20 pm	<b>Panel Discussion</b> <i>Susan Gallagher, Emily Gibbs, Sarah Stocker, and Neal Wiggermann</i>
4:20-4:30 pm	<b>Wrap-Up   Evaluation Instructions</b>

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## REGISTRATION

**To register:** visit [www.upstateahec.org](http://www.upstateahec.org), click on the **CE Tab > Live Courses > JANUARY**  
For registration issues, please call 864.349.1160.

**Program Fee:** \$40 for everyone. Registration is required.

**Registration Deadline:** January 10, 2024



## CONTINUING EDUCATION CREDIT

**Physical Therapists:** This conference has been submitted to the South Carolina Physical Therapy Association (APTA SC) for CEU credit. Credit statements will be updated as approvals are received.

**Occupational Therapists:** This conference has been submitted to the South Carolina Occupational Therapy Association (SCOTA) for CEU credit. Credit statements will be updated as approvals are received.

**Licensed Nurses:** This nursing continuing education activity awards 5.0 contact hours upon successful completion. Upstate AHEC is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. [www.nursecredentialing.org/accreditation.aspx](http://www.nursecredentialing.org/accreditation.aspx)

**ANCC Disclosure Statement:** Upstate AHEC's conflict of interest policy requires faculty to disclose any real or apparent commercial financial affiliations related to the content of their presentations/materials. The speaker has signed a vested interest form declaring no conflict of interest in education activity. Provisions of this educational activity by Upstate AHEC does not imply endorsement by Upstate AHEC or ANCC of any commercial products displayed in conjunction with this activity.



**All Other Participants:** This program is approved for 0.50 CEUs (5.0 clock hours) by Upstate AHEC and meets SC AHEC best practice standards.

*Successful completion of the program requires attendance for 100 percent of the program and a completed online evaluation by the participant within 10 calendar days of the program date. A certificate of completion will not be made available for you if the evaluation is not completed within this timeframe. No partial credit is available.*

**Of Note:** Licensees should verify with their state licensing board for acceptance of continuing education units. Save the course outline and certificate of completion and contact your own board or organization for specific filing requirements. Upstate AHEC does not provide assistance with individual filing requirements.

**Americans with Disabilities Act (ADA):** Upstate AHEC is committed to equality of educational opportunity and does not discriminate against applicants, students, or employees on the basis of race, color, religion, sex, national origin, age, disability or veteran's status. If you require reasonable accommodations for a disability in order to participate fully in a continuing education activity, call 864-349-1160 no later than one week before the date of the activity.

**Please check our website for current COVID and Cancellation Policies.**