SUMMIT
Professional Education

6-Hour Private Webinar for Upstate AHEC



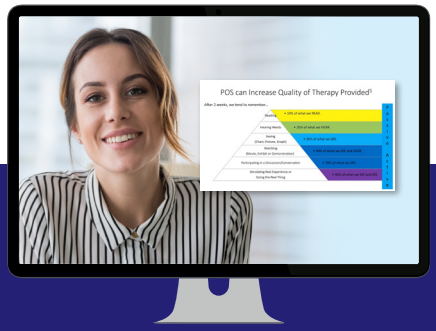
Stroke Recovery Strategies

Restoring Functional Cognition Through Neuroplasticity

Presented by Anysia Ensslen-Boggs, EdD, MS, CCC-SLP

Learning Objectives

1. Identify various etiologies of cognitive deficits as they relate to the neuroanatomy of strokes.
2. Define principles of experience-dependent neuroplasticity and its impact on rehabilitation.
3. Select appropriate screenings and assessments to informally and formally evaluate cognitive deficits.
4. Explain how various cognitive impairments impact the patient's ability to meet transdisciplinary treatment objectives.
5. Implement treatment techniques for orientation, short-term memory, safety awareness, and executive functioning for functional improvement of ADL's across all therapy disciplines.
6. Compose measurable goals that allow for documentation of patient outcomes.



May 08, 2021
8:30am - 4pm (EST)

6-Hour Interactive Live Webinar Course

Engage and Ask Questions with the Instructor in this Live Interactive Course!

To register for this webinar, please contact:

Lauren Taylor
(864) 349-1160
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6-Hour Live Interactive Webinar

Course Description

Stroke causes a profound impact on both patients and their families, and drastically changes all aspects of life. An acute onset of cognitive deficits as a result of a stroke may have a permanent effect on all activities carried out during a patient's daily life. These deficits include difficulties with attention, orientation, short-term memory, thought organization, reasoning, functional problem solving, and executive functions. Often, the patient has limited or no awareness of these deficits and the associated complications. Therefore, it is crucial for rehab professionals to be able to recognize these deficits, and to understand how they affect overall function, completion of ADL's, and discharge plans.

This relevant course will provide you with evidence-based knowledge related to cognitive deficits and their impact on patient recovery after stroke. Participants will learn how to apply principles of experience-dependent neuroplasticity when selecting and implementing treatment objectives, which will help your patients to maintain and improve their functional cognition across disciplines. This course will increase your ability to apply patient-focused interventions to promote more independent completion of ADL's. Participants will also learn about proper documentation of patient goals and outcomes to optimize reimbursement for skilled services.

About Your Instructor

Anysia Ensslen-Boggs, EdD, MS, CCC-SLP, is a licensed Speech-Language Pathologist with extensive experience in a variety of clinical settings, including acute care, outpatient, inpatient rehab, home care, skilled nursing, and the public-school setting. In all these settings she has had the opportunity to serve as a graduate student supervisor, and a clinical fellowship year supervisor. In addition, she has significant experience working with adults with strokes in an outpatient work and community re-entry program. She is currently employed part-time at a skilled nursing facility in central Pennsylvania. Primarily, she is employed by a public-school system in northern Maryland where she manages a school-age caseload, serves as a graduate student supervisor, and provides continuing education.

Dr. Ensslen-Boggs has also served as an adjunct professor for Western Kentucky University, and as an instructor for Project IMPRESS (school-based SLP graduate program) at Bloomsburg University. She earned her doctorate in educational leadership from the University of Kentucky in Lexington. Her dissertation research focused on the clinical training and supervision of speech-language pathology graduate students. Dr. Ensslen-Boggs' SNF caseload consists primarily of geriatric patients with cognitive-linguistic deficits.

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Course Outline

I. The Current Landscape of Cognitive Deficits
- » Stroke as etiology
- » Neuroanatomy
- » Orientation and awareness
- » Attention
- » Memory
- » High-level cognitive deficits associated with right CVA

II. Assessment of Cognitive Deficits Following Stroke
- » SLUMS
- » MoCA
- » Other standardized assessments and screening tools
- » Criterion-referenced assessments
- » Setting functional treatment objectives

III. Leveraging Neuroplasticity for Stroke Recovery
- » What is neuroplasticity?
- » 10 principles of experience-dependent neuroplasticity
- » Neuroplasticity and evidence-based practice
- » Application to levels of assistance and cueing hierarchy

IV. Intervention Strategies to Improve ADLs
- » Treatment techniques for improving functional cognition
- » Utilizing neuroplasticity to achieve functional treatment objectives
- » Improving completion of ADLs by improving cognition
- » Executive functioning and application to patient safety and independence
- » Examples of cognitive interventions

V. Effectively Communicating Across a Multidisciplinary Team
- » Targeting cognitive goals in PT and OT
- » Co-treating/interdisciplinary treatment plans
- » Family/caregiver/staff education
- » Discharge plans: Is this patient safe at home?

VI. Accurate Documentation Tips and Tricks
- » Goal-writing
- » Patient outcomes
- » Justifying medical necessity
- » ICD-10 and Medicare guidelines

VII. Case Studies
- » Review of case studies in small interdisciplinary groups
- » Application of knowledge
- » Discussion
- » Case study

Continuing Education Credit

Accreditation varies by state and profession. Please visit www.summit-education.com for state and profession-specific accreditation information.

Speech-Language Pathologists and Audiologists - This program offers 6.0 contact hours of instruction. The certificate for completing this program neither awards ASHA CEUs nor verifies that ASHA CEUs have been awarded to the person named on the certificate. ASHA CEUs are awarded to those that meet eligibility criteria by the ASHA CE Registry upon receipt of the CEU Participant Form from the ASHA Approved CE Provider.

APPROVED PROVIDER
ASHA CONTINUING EDUCATION
AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION

Summit Professional Education is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

AOTA American Occupational Therapy Association Approved Provider

Occupational Therapists - Summit Professional Education is an AOTA Approved Provider of continuing education - provider #5873. This course is offered for 0.6 AOTA CEUs (6.0 contact hours). This course contains content classified under Domain of OT and Occupational Therapy Process. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. **GA**: Summit Professional Education is an AOTA Approved Provider of continuing education - provider #5873. This workshop meets the requirements for Georgia State Board of Occupational Therapy amended rule 671-3-.08(5) and (10) Renewal of License, Penalties, Continuing Education Requirements. This workshop is offered for 6.0 hours.

Physical Therapists - **GA**: As per regulation 490-4-.02(1)(b) of the Georgia Board of Physical Therapy on continuing competence requirements programs approved by the Physical Therapy Association of Georgia or any other state chapter will be accepted by the state licensing board. Summit Professional Education is approved by the Kentucky Physical Therapy Association as a continuing education provider, #CS45-2008-KPTA. This course is offered for 6.0 contact hours. **NC**: As per North Carolina Board of Physical Therapy Examiners regulations if this seminar is approved by another state PT Board or APTA chapter it is accepted by the NCBPTE. This workshop has been approved by the Arkansas Board of Physical Therapy Examiners, 6.0 hours. Per NCBPT continuing competence rule 21 NCAC 48G.0109(a)(4), this course meets the criteria of an interactive electronic media course. **SC**: As per regulation 101-07(3)(b) of the South Carolina Board of Physical Therapy Examiners, attendance at continuing competency activities provided by the APTA, SCAPTA or other chapters and sections of the APTA are deemed as Certified Activities. Summit Professional Education is an Accredited Provider by the Texas Physical Therapy Association (TPTA) Provider # 2105046TX. This course is offered for 6.0 certified contact hours (0.6 CEUs).

These events contain intermediate level content.

SATISFACTORY COMPLETION
Participants must sign in by logging into their Summit accounts and clicking the "Launch Webinar" button for the relevant webinar, attend the entire workshop, complete the evaluation, and pass a post-test with a score of 75% (80% for ethics/jurisprudence) or higher to receive a certificate of completion.

Please note that the post-test is only available for 48 hours following the webinar. Participants not fulfilling these requirements will not receive a certificate. Failure to sign in to the webinar or pass the post-test will result in forfeiture of credit for the entire course. No exceptions will be made. Partial credit is not available.

Attendees not joined 15 minutes after the start time (10 minutes for a 1 hour webinar) will have their registration canceled. Please contact Summit Customer Service for options in this event.

DISCLOSURES
FINANCIAL: Anysia Ensslen-Boggs is compensated by Summit as an instructor. She is employed by Luther Acres as a PRN SLP, and also by Harford County Public Schools in Maryland where she manages a school-age caseload, serves as a graduate student supervisor, and provides continuing education.
NONFINANCIAL: Anysia Ensslen-Boggs has has no nonfinancial relationships to disclose.

SCOPE OF PRACTICE
Workshop content is not intended for use by participants outside of the regulatory scope of practice of their license(s). You are responsible for knowing what lies within and without your professional scope of practice.

Have questions? Please call (800) 433-9570 for the latest approval status.

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