KINESIO TAPING

Advanced Techniques & Clinical Reasoning



DATE
November 6, 2020

TIME
7:30 AM - 5:30 PM

LOCATION
Upstate AHEC Training Room
104 South Venture Drive
Greenville, SC 29615

INSTRUCTOR

Elizabeth Harvey, DPT is a physical therapist specializing in treatment of patients with complex neurological and orthopedic involvement. She has over 17 years experience in early intervention, outpatient orthopedics, school-based and sub-acute rehabilitation settings. She is a Kinesio® Tape Instructor and has been using tape for over 11 years. She is also Pediatric NDT and MNRI trained. She has worked with medically complex populations which has led to research and curriculum development, such as co-author of the PaSS Method® (Posture and Sensory Stimulation) and Sensory Point Tapings. She is an Educator of Infant Massage and certified in Trismus Treatment. She has been a presenter at both state and international levels. Elizabeth earned a Bachelor of Science in Biology from Newberry College, a Master of Rehabilitation Science from the Medical University of South Carolina, and a Doctor of Physical Therapy from AT Still University. She is the owner of ABC Therapies, LLC.

COURSE DESCRIPTION

PLEASE NOTE: Kinesio University certification curriculum has been updated and revised to include new taping methods. If you have taken Fundamentals and Advanced (KT1 & KT2) before June 2017, you will need to download and review our "New Curriculum Supplemental Materials". This will help bring you up to speed and to understand the new curriculum aspects found in Kinesio Taping Advanced Techniques and Clinical Reasoning. Click the link below, fill out the form and you will be provided with a download link.

Kinesio® University: New Curriculum Supplemental Materials Download
Kinesio Taping Advanced Techniques and Clinical Reasoning

(Prerequisite, completion of Kinesio Taping Assessments, Fundamental Concepts, and Techniques)

This course offers a brief review of the basic taping and assessment concepts learned in the first 2 day course. Advanced taping techniques and assessments are presented as Lecture Tutorials to introduce step by step applications for chronic edema, scar and fascial management, nerve taping as well as acute and chronic pain management. Participants will be offered ample lab time to practice each advanced technique guided by the Assessment Flowchart for clinical decision making. Case studies are presented for designing a clinically relevant application within a treatment program guided by the instructor. Case studies are then introduced for small groups of students to practice the variety of assessment techniques and advanced taping applications.

Course is limited to 20 participants. Deadline for registration is October 19, 2020, so that materials can be ordered.

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Participants should dress in layers (wear shorts and tank top for demonstrations and practice). Participants should also bring a yoga mat and scissors.

Course Agenda

7:30 am	**Sign In**
8:00 am	Instructor Introduction, Success Stories
8:10 am	Basic Application Guidelines and Assessments Review; Epidermis Correction Review and Introduction of Advanced Epidermis Webs Taping; Dermis Correction Review and Introduction of Advanced Dermis Jellyfish Taping
10:00 am	**Break**
10:15 am	Fascia Correction Review and Introduction of Advanced Fascia Taping – Ram's Head, Manual Fascial Glide, and Nerve Tapings; Circulatory/Lymphatic Correction Review and Introduction of Advanced Basket Weave Application
12:00 pm	**Lunch**
1:00 Pm	Space Correction Review and Introduction of Advanced Scar Management Applications; Muscle Corrections Review and Advanced Clinical Case Study – Chondromalacia Patella; Mechanical Correction Review and Advanced Clinical Case Study - Whiplash
3:20 pm	**Break**
3:35 pm	Function Correction Review and Introduction of Advanced Functional Application – Rotational Limb Corrections
4:05 - 5:30 pm	**Clinical Case Scenarios, Q&A; Evaluations/ Assessments, Conclusion**

REGISTRATION INFORMATION

Upstate AHEC Consortium Members:
$100 for Upstate AHEC members

Non-Consortium Members:
$200 for non-members

To register: www.upstateahec.org > CE Tab > Live Courses > November

Registration Deadline: October 19, 2020

COURSE OBJECTIVES

- List specific symptoms of different types of tissue injury – nerve, muscle, epidermis, dermis, fascia and joint.
- Demonstrate application of advanced Epidermis Correction Technique - Web Layering.
- Demonstrate application of advanced Dermis Correction Technique - Jellyfish.
- Demonstrate application of advanced Fascia Correction Techniques - Ram's Head and Manual Fascial Glide.
- Demonstrate application of advanced Circulatory Lymphatic Correction Technique – Basket Weave.
- Demonstrate application of advanced Space Correction Technique – Scar Management techniques.
- Demonstrate integration of Muscle Direction Tests, Screening Assessments, and Corrective Techniques to treat complex injuries such as Whiplash, Shoulder Impingement, and Chronic Knee Pain.
- In a small group setting identify 3 items on a problem list and goal list from specified case studies and develop appropriate interventions using tape as a modality and defend to the class.

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COURSE REQUIREMENTS

In order to attend Kinesio Taping® seminar, each attendee must meet all of the following criteria:

1. Must have completed 80 course hours of anatomy and physiology
2. Must have a working knowledge of the musculoskeletal system
3. Must be able to make assessments based on the supervising professional's evaluation and instructions.
4. Must have achieved or is a student in their junior or senior year (transcripts must be provided) working towards one or more of the following credentials: ARNP, ATC, CAT(C), CCSP, CDP, CHT, CLT, CMBT, CMT, CNMT, COMT, COTA, COTA/L, CPO, CRN, CST, CT, CWS, DC, DO, DOM, DPT, LAc, LAT, LLCC, LMBT, LMP, LMT, LOT, LOTA, LPT, LPTA, MD, MDT, MLD, MOT, MOTR/L, MPT, MT, MTC, NCMT, NCTMB, NDT, NMD, NMT, NP, NRC, OCS, ODT, OMD, OPA, OT, OTA, OTC, OTR, OTR/L, PT, PT-C, PTA, PA, RMT, RN, RPT, RPTA, SLP, Paramedics, Kinesiotherapist and Kinesiologists.

****Requirements are verified prior to the course. If a registrant does not meet the prerequisite criteria, the course fee is returned in full to the registrant.**

CONTINUING EDUCATION CREDIT

Occupational Therapy: Kinesio University is a Nationally Approved Provider of continuing education through the American Occupational Therapy Association, Inc (AOTA). Approved provider number: 4489. This program is approved for **8** CEUs for Occupational Therapists**.** AOTA Classification Code 2 "Occupational Therapy Process."

Physical Therapy: This program has been approved for **0.8** CEUs (**8.00** contact hours) by the South Carolina Chapter of the American Physical Therapy Association (SCAPTA). Approval: CEUL054225

Massage Therapy: Kinesio University is approved by the National Certification Board for Therapeutic Massage and Bodywork. NCBTMB Approved Provider Number: 450030-06. This program has been approved for **8** CEUs.

Acupuncturists: Kinesio University if an Internationally Approved Provider of continuing education through the National Certification Commission for Acupuncture and Oriental Medicine for **8** PDAs. NCCAOM Provider number is 164664.

Successful completion of the program requires attendance for 100 percent of the program and a completed evaluation, pre-test and post-test by the participant. No partial credit available.

Americans with Disabilities Act (ADA): Upstate AHEC is committed to equality of educational opportunity and does not discriminate against applicants, students or employees on the basis of race, color, religion, sex, national origin, age, disability or veteran's status. If you require reasonable accommodations for a disability in order to participate fully in a continuing education activity, call 864-349-1160 no later than one weekbefore the date of the activity.

Refund and Cancellation Policy: Upstate AHEC reserves the right to cancel a continuing education program if enrollment is not sufficient to warrant offering the program. If a class must be cancelled for any reason, a full refund will be granted. In the event that Upstate AHEC should find it necessary to cancel or postpone a program for any reason including, but not limited to, registration responses, strikes, or acts of God, a full refund will be granted. Upstate AHEC will not be liable for registrants' expenses.

Registrants canceling between 2 weeks and 48 hours prior to the program will receive a 75 percent refund. No refunds or credits will be given for cancellations received less than 48 hours prior to the program. No refunds or credits will be given for no-shows. Participant substitutions are welcome (please notify us in advance of the program). Cancellations must be made in writing (mail or email – registration@upstateahec.org).